

**Children’s Integrated Therapy Service (CITS)  
Speech and Language Therapy, Physiotherapy and Occupational Therapy**

**CITS Advice Line: 01895 488 200**

**CITs** - [www.cnwl.nhs.uk/hillingdon-talks-moves-plays](http://www.cnwl.nhs.uk/hillingdon-talks-moves-plays)  
**Speech and Language Therapy** - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-talks>

**Physiotherapy** - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-moves>

**Occupational Therapy** - <https://www.cnwl.nhs.uk/services/community-services/hillingdon-plays>

There is regularly updated information and support for parent/carer(s), education staff and professionals. This includes videos, advice sheets, strategies and resources and links to other useful websites and local services.

**We also have Social Media:**

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|  | @HillingdonTalks | @HillingdonMoves | @HillingdonPlays |
| Social Media Icons for Email Signatures | Exclaimer | @Hillingdon\_TalksMovesPlays | | |
| C:\Users\gemma.read\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4117E710.tmp |  |  | @HillingdonPlays |