



**Brilliant Parents**  
**Here for Hillingdon Parents**

Brilliant Parents delivers parent support courses for local parents, particularly those with vulnerable children. We provide a safe space for parents to discuss their challenges in a comfortable, non-judgemental manner.

We offer a number of Triple P® (Positive Parenting Program) classes to Hillingdon residents. If you have a child between ages of 2-11, 11-16 or a child under 11 years of age with additional needs and would like to self-refer please see:

<https://www.brilliantparents.org/brilliant-parents-self-referral/>

All Triple P courses are delivered either virtually or face to face in a Hillingdon school by accredited Triple P Practitioners.

If more specifically, you have a child aged 10 - 18 years, that you feel may be experiencing any of the following and you would like the one to one support of a Parent Champion please see:

<https://www.brilliantparents.org/bp-parent-champion-referral-form/>

- Persistent disruptive behaviour in school
- School refusal
- Alienation from the family
- Vulnerability due to additional needs
- Involved in substance misuse
- Social, emotional or mental ill health

For further information on

- Hillingdon Council Services
- Police Safer Neighbourhood
- Health and Well Being
- Community Organisations
- Child Exploitation Awareness or
- Young People's Activities
- Triple P classes
- The Parent Champion programme please see:

<https://www.brilliantparents.org/london-borough-of-hillingdon/>

Brilliant Parents is a charity and a company limited by guarantee.  
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